

Talk between
the habitats
Volume 3

Atlantis

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Impressum

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1. Introduction

Atlantis is one of the energy-based realms, which is located in the seventh dimension of planet Earth. The realm debated at length and then, decided to consciously dissolve itself over the following decades. Since no further development was apparent and none seemed possible, it was decided to make room for another realm. It is now clear that the realm of the elves will take over this space, and thus Atlantis is currently undergoing a conscious, holistic process of clearing itself away.

The situation described is one of the reasons why the inhabitants have not shown much interest in events on planet Earth in recent years. They have been preoccupied with themselves, and a large number of the personalities incarnated in Atlantis have already left Earth to regenerate in the ninth dimension of their home planet and prepare for a new incarnation.

The realm of the elves will occupy the space that is freed up, and it will have to do a considerable amount of holistic work in order to be able to move as a whole realm from the fifth to the seventh dimension. It currently appears that it will likely take several more centuries before the necessary conditions are created and the planned relocation can take place.

As a result, the realm of Atlantis has - unintentionally - regained time and space on planet Earth, and its remaining inhabitants have decided to consciously use this time to support Project Earth. At present, much of the corresponding work involves supporting the human members of the project and implementing various positive and stabilizing projects within the human habitat. This means that the energy-based members of the project are consciously engaged in the human habitat and consciously collaborate with the human inhabitants.

You may feel alone repeatedly, but you definitely aren't. You carry a lot, that's true. Yet, at the same time, you also receive (a great deal of) corresponding support. Something that many human members of Project Earth are not yet fully aware of. And if you recognize yourself in the last sentence, consciously allow yourself to fully recognize what we just described.

You should know and tangibly experience that you are not alone. Even if it sometimes feels like you are alone right now, you are part of a large team, and you can and should increasingly and confidently carry this within you. Please open yourself consciously and allow yourself to be. You are not alone, and you should know this in every cell of your being.

At the same time, it helps you to be aware that the fact that your fundamental vibrational frequency is constantly rising, means you are subject to energy-based laws. In the energy-based dimension, you are the one who creates your life. Quite literally. You create through your thoughts and your (basic) feelings. Something that a person living in the purely material-based dimension cannot imagine. And since you, too, are shaped by purely material-based circumstances, you must first study the energy-based laws. Later, it will greatly help you, if you master them with both, conscious and unconscious competence.

Highly developed people often live limited lives, frequently close to poverty. This is the opposite of the holistic abundance they are actually entitled to. The challenge lies in the fact that they themselves are constantly creating this state through their unconscious feelings and thoughts, without truly being aware of it. As a result, they cannot live the power to which they are entitled and, at the same time, cannot attain the holistic authority they would need for their work within the context of Project Earth.

It's a somewhat complex situation that now needs to be unraveled more and more.

If you do not yet possess holistic, unlimited abundance in your current human life, please allow your own inner essential self to consciously show you where you are blocking and creating negativity.

Atlantis is rich in experience, including in the material-based human habitat. Therefore, the decision of the energy-based realm of Atlantis to consciously channel its holistic wealth into the Project Earth and to invest very deliberately in the human habitat has been met with great joy everywhere.

As a human member of Project Earth, you are one of the project's most valuable key individuals. Human members have borne the brunt of the work over the past decades, and we as the leadership team have realized that they benefit from receiving more conscious support. This can take many forms, and it's important for you to understand that the most crucial factor on your side is your conscious permission. Please consciously allow this to happen, so that what is highest and best for you can unfold.

Thanks to our Atlantic members, we now have a significantly larger number of individuals who are consciously investing in supporting the human members of Project Earth, so you can know that you will receive personal support immediately. Individual and very direct.

In the first pages of this book, we would like to invite you not only to be aware of this, but also to consciously engage with it:

- What does what is written mean to you personally?
- How can you already recognize the described support in your current everyday life?
- And what conditions are necessary for you to recover the wealth contained in the described situation?

Please take sufficient time to answer these questions and consciously allow yourself to be supported by your own essential inner self.

**The power of your actions
lies within yourself.**

And you must grasp this very consciously and become very confident in precisely this form of action. First for yourself. Then, of course, also within the framework of Project Earth.

Allow us to make a very deliberate point here: Please consider very carefully whether this book was written for you personally! This book is not intended as a general knowledge transfer tool or a personal development resource. Instead, it is aimed at a specific group of people. These individuals are intuitively drawn to our books and possess a kind of inner intuition or clear inner knowing that they need the book's content for themselves. If you are one of them, we are delighted to support and enrich you with this book. If you are not one of them, please understand this without judgment, and we encourage you to read a different book that might be a better fit for you.

But let us return to the three questions just described. It is not enough for you to read that the inhabitants of Atlantis wish to support you. Certain additional actions are required on your part, and these are what we will discuss in this section.

Allow your previous, typically human ways of thinking and behaving to lose their power.

You are, logically, a collection of human ways of thinking and behaving. This was extremely important during a certain phase of your current life. At the same time, however, they must now lose all their power for the phase you are entering.

- You are accustomed to immersing yourself in the realities, thoughts, and feelings of others. This behavior now needs to be consciously changed. Consciously remain fully present with yourself. Maintain a stable vibrational frequency while actively listening.
- Your focus is very often on one topic or one of the people around you. This also needs to change completely now. You need to keep your focus on yourself.

Meanwhile, a space has been designated within the realm of Atlantis itself, where human members of Project Earth can acquire additional knowledge, experience holistic regeneration, and delve deeply into the various aspects of the project. This knowledge is also incorporated into this book. Please be aware that it is explicitly intended for human members of Project Earth. If you do not belong to this group, this book will not be of use to you. It will not resonate with you and instead, it will bore you.

However, if you belong to the target audience of this book, we are very pleased to be able to support and enrich you with this volume as well!

“We” are, in this book:

Susanne Edelmann, Serena, Ben Josef, Luca and Sananda

May this book support and enrich you!

Warm regards

Susanne Edelmann, Serena, Ben Josef, Luca and Sananda

1.1 Atlantis

In the book series "Atlantis Within Us," specifically in the book "Energy-Based Realms, Volume 6: The Energy-Based Realm of Atlantis" and the book "SEOS Handbook, Volume 4," you will find a wealth of helpful information on the topic of "Atlantis and Atlantean knowledge," which we will not repeat here. Furthermore, we assume that you yourself have lived several lifetimes in the ancient realm of Atlantis and the energy-based realm of Atlantis, and you, therefore, possess a considerable amount of personal knowledge on this subject. Reading this book will thus be helpful, if you already carry within you some consciously reactivated knowledge about Atlantis. It is a book that is very deliberately aimed at "significantly advanced" readers. Something, you surely know that you are, if that is the case.

In this volume, we will also examine the current status of Project Earth, reporting on its successes as well as the current challenges. At the same time, we will also explore the Atlantic wealth and its potential use and implementation. The materially based Atlantis possessed immense holistic wealth for a certain period. However, it was unable to consolidate this wealth, and we consciously intend to incorporate the reasons for this in our current phase on planet Earth.

One of the goals of Project Earth is a sustainably stable and positive future for the human habitat. Therefore, many aspects must be considered in the current project phase.

We mentioned on the first pages that this volume is aimed at "advanced" readers, and we would like to elaborate on this point here.

To help you benefit from this book:

- You must be able to reside in unconsciously competent locations in the fifth and seventh dimensions.
- You must have mastered the laws of energy-based evolution.
- You must possess the ability of "inner knowledge".
- You must know within yourself that you are a member of "Project Earth".
- You must have mastered the topic of energy signature in a sustainable way.

Please also consider very carefully whether you actually need the knowledge contained in this book. The book will only reveal itself to you, if that is the case. If so, may it serve you well in many ways!

You have been living a kind of "double life", so far. For a long time, you were unaware of it. Then, over time, you became increasingly aware of yourself and the circumstances surrounding you. Yet, the more aware you became, the more you also became aware of the many aspects of your current human life.

- You lead a perfectly normal human life and usually dedicate yourself to helping a large number of your fellow human beings.
- The more aware you become, the more you realize that your commitment in this regard not only includes materially based human aspects, but very often also takes place in accordance with your overarching task within Project Earth.
- You will also become aware of the energy-based dimensions on the planet, and this must first be consciously grasped and processed.
- Once you have successfully mastered this, you will perceive comprehensively (and on several levels simultaneously). Yet, you will also have to learn to deal with this consciously.
- As a rule, only you yourself are aware of the circumstances described.
- In parallel, you often work in an energy-based way as well. You transform, bring about lasting energy shifts, or you repeatedly work with light.

The effects of your actions are enormous and have a lasting positive impact. However, even here, you are usually the only one aware of the situations described.

**Your true size is mostly hidden
from those around you.
Very often, for your own protection
and so, that you can do what you do
that is so valuable,
in peace and freedom.**

Looking back on your life so far, you'll probably realize that your perceived size as a human being has in no way reflected your true, essential size. At the same time, you have always touched the lives of others.

You've become somewhat accustomed to the situation described: You've given a lot and accomplished a great deal. And yet, you haven't lived according to your true, essential potential. In any area of your life, honestly. This, in turn, has left a kind of constant "inner friction" within you. Yet, you've become somewhat accustomed to that as well. You weren't operating at your full potential, and you weren't fully present and essential. That's why it's high time for a lasting change. And if you'd like, we invite you to participate in an exercise right here and now.

Exercise

Retreat to a quiet, beautiful, and undisturbed place, make yourself comfortable, and take a few conscious breaths. When you are ready, allow us to accompany you to the previously described location in energy-based Atlantis. Remember the corresponding energy signature so that you can find your way there independently in the future. You will know when you are there. Take your time to arrive fully and get your bearings.

Now, please move to the left and sit down on the seat there. If you wish, allow members of the energy-based Atlantis to join you. Consciously give space within yourself to the described discrepancy between your previous human life and your true, essential size. Consciously allow whatever arises in this regard to surface.

And if you like, consciously express what you recognize. Then allow the personalities that are with you to consciously support you.

You'll know when it's over. Make a conscious decision to return to your personal space. Find sufficient stability there and rest so that what you've experienced can be integrated.